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Fiddle First Part 2 Unit 8

Devil's Dream, Johnny Cope, String Crossings!

Lesson 8.1: Ear Training Part 1

- We will only use the “High 2 Tetrachord”
- The snippets in this lesson
- Simon Says (1:40)
 - This exercise goes better if you can move from one pitch relative to the pitch that came BEFORE. This requires pitch memory and fingerboard geography.
 - Describe what’s happening: does it go up or down, higher/lower, skip/step, fingers used or not used.
- Pitch Memory Exercises (14:10)
 - Match that note (only a short note given...you have to remember it as you hunt)
 - Find the NEXT note relative to the note before
 - TIP: If you PIZZICATO instead of bow the notes as you hunt, it is less disruptive to your pitch memory
 - I play 2 notes, you have to find the FIRST note (17:49)
- Interval review: Major/minor distinction
 - You identify between Major/minor in pairs of intervals Mm3rd, Mm2nd.

Lesson 8.2a: Woodshedding Devil's Dream Part A

- Key of A Major
- This song uses repeating string crossings, fast bow changes, and fast repeating finger patterns
- Learn with NO slurs (and you can perform it this way)
- Special fiddle trix video will teach you some slur patterns
- Devil's Dream starts with a “Pick-Up” note: when a song starts with an “extra” note before Beat 1. Pickups are best done with an UP bow. (1:27)
- Part A Form is: Segment 1, 2, 1, 3 ; Part B Form is: Segment 4, 2, 4, 3
- Learn Segment 1 (3:01)
 - Add the pick-up note (5:48) It is a quarter note, and the notes that follow are 8th notes.
 - Fingers 2 and 3 are busy and can get tangled unless you train them consciously.
 - The string crossing to the A string comes FAST. Get your 3rd finger AND bow over quickly.
- Learn Segment 2 (7:28)



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- Cover A and E string with 1st finger, and GLUE it in place! This takes lots of effort at first, but it pays off big time.
 - Your 3rd finger must have a good tall cupcake and DO NOT touch the E string.
- Learn Segment 3 (12:33) This is a LICK which is useful in many tunes!
 - Learn this lick in 4-note clusters; this is MICRO-PRACTICE/ISOLATION (14:34)

Lesson 8.2b Woodshedding Devil's Dream Part B

- Part B also starts with a pick-up note
- Learn Seg 4 (1:03)
- Review Seg 2 and 3 (3:27)
- Put it all together (5:02)

Lesson 8.3a: Woodshedding Johnny Cope Part A

- This is in A Mixolydian: A is the tonic, but key signature is D Major
- A part Form is Segment 1a, 1b, 1c, 2
- B part Form is Segment 3a, 4, 3b, 2
- Learn Part A (3:27)

Lesson 8.3b: Woodshedding Johnny Cope Part B

- Learn Part B

Lesson 8.4 Fiddle Trix: Potatoes, Pick-Ups, Nashville Shuffle, Shave

- First, learn how to handle the Potatoes followed by Pick-Up note (0:43)
- Learn to use Nashville Shuffle
 - on Segment 1 (5:24)
 - on Segment 3, Nashville Shuffle is optional (but a bit tricky)
- Drill Part A 4x implementing these fiddle trix (7:16)

Lesson 8.5 Fiddle Trix: Double Shave and a Haircut

- First practice without metronome, so you can assess that both hands are in sync, practice using accents as instructed, and change from 4 reps
- hands!



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Lesson 8.6: Technique: String Crossings Part 1

- Finally, the culmination of all your Rolland Exercises for your bow arm!
- Privately, I don't exactly like the term "Rock and Roll", because it doesn't make sense to me; But the Salt and Pepper motion is EXACTLY what our string crossings should look like.
- Exercises
 - **IMPORTANT: Put fiddle down and "MOVE JELLY BEANS" (2:13)**
 - ✓ **The shelf is small**
 - ✓ **Jelly Beans are effortless**
 - ✓ **Move forearm only, not humerus**
 - ✓ **Move Jelly Beans from 12 (A string) to 6 (E string) on a clock**
 - Open String Pairs, DOWNBOW on LOWER string (7:42)
 - ✓ Use the Jelly Bean motion (forearm) as you play DOWNBOW on A, UPBOW on E
 - ✓ Clockwise Circles
 - ✓ The downbow/upbow turns the jelly bean motion into CIRCLES
 - ✓ Small string crossings
 - ✓ 12 on A string (higher)/6 on E string (lower)
 - Open String Pairs, DOWNBOW on HIGHER string (11:24)
 - ✓ 6 on E (downbow, lower) 12 on A (up bow, higher)
 - ✓ Counter-Clockwise Circles
 - ✓ Keep string crossings tiny!
 - D and A String Pair (16:04)
 - Downbow on D (12, higher), Upbow on A (6, lower)
 - ✓ Clockwise circles
 - ✓ These help keep your string crossings small, because there is a neighbor string on both sides!
 - ✓ Small bows, small string crossings
 - Downbow on A (6, lower) Upbow on D (12, higher) (17:46)
 - ✓ Counterclockwise circles
 - G and D String Pair (19:00)
 - ✓ When we lift our elevator to the G and D, it is tempting to use our shoulder for string crossings. Do not let it happen. JELLY BEANS!
 - ✓ Keep string crossings small, because there is no "bumper" to the left of your G string, so it's tempting to do huge string crossings.



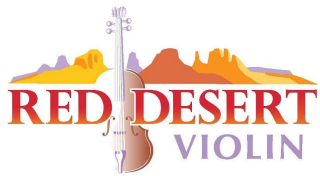
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Lesson 8.7: Technique: String Crossings Part 2

- Same string crossing motion, but we add a half scale with the left hand
- Do all string pairs with lower string first (AE, DA, GD) Clockwise
- Do all string pairs with higher string first (EA, AD, DG) Counterclockwise (7:29)
- EIGHT times on each note of the scale (1:06)
 - 0, 1, 2, 3, 4, 3, 2, 1, 0
 - You may skip pinky if it's too much for you
 - Keep high cupcakes, slant nails toward G string
 - Crowd LOWER string to keep the higher string clear
 - Swing left elbow to the RIGHT
 - Mid-Bow
 - Small bows, small string crossings
- End of instruction, the rest is just drilling together (9:53)
- Practice DA pair with me (10:23)
- Practice GD pair(13:31)

Lesson 8.8: Applying String Crossing Technique in Devil's Dream

- Segment 2
 - First, cross from A to E sixteen times (don't count to 16!!! Count 4 groups of 4.
 - Add the repeating notes on Segment 2 in an endless loop; RELAX as you go faster
 - **CUPCAKE/STR X Exercise: (5:45)**
 - Entire Segment 2 in a LOOP
- Segment 4 (10:06)
 - Small String X
 - Mid-Bow
 - Learn the notes so you are comfortable
 - Be mindful of your clockwise circles
 - **CUPCAKE/STR X EXERCISE (12:14)**
 - Entire Segment 4 in a LOOP (13:14)



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Practice Coach: Broad Focus

- Practice can go lots of different ways: broad, narrow, deep, shallow, long, short
 - But you should ALWAYS have an objective, a plan, and a time budget
 - Keep a list of 5, 10, or 20 minute practice items so that when you only have that amount of time, you'll be able to get right to work!
- 1) Marches (1:55) Target practice ringy 3's, cupcakes, no pinky jail
Double and Single reps, "Here Comes the Bride" if you miss one
 - 2) String Crossing drills (3:55) OPEN strings, AE, GD, (don't flap your wing)
Devil's Dream, Segment 2 (5:45) Set your FIRST finger on both strings
Segment 4 (7:52), whole segment
Loop Segment 4, 2, 4, 2 (9:51)
Double Shave and Haircut (12:00)
 - 3) Johnny Cope Part B (13:40)
Segment 3a plus 1 note
Segment 3b plus 1 note
Whole B Part
 - 4) Left Hand Drills (18:34)
A string, 4 reps, 2 reps, 1 rep; Low 2 tetrachord
Greasy Elbow, Lane 3, straight bow
Metronome at 54, then 58, then 60
 - 5) Review/Drill Liberty for speed increase (22:08)
 - 6) Review Other tunes as time allows



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Lesson / Video	Part 2 Unit 8 Practice Assignments
Ear Training	• Learn your new tunes by ear • Go through each ear training video as many times as you need to get the answers correct. • Start noticing the role of Pitch Memory in ear training
Scales & Arpeggios	• New Scale pattern: Scales starting on 1st finger requires HIGH 3 • Since your new tunes are in A Major this unit, make SURE you practice your A Major scale and arpeggio DAILY! • Remember "Grasshoppers" with scales? Try that on A Major. • Review all your One Octave Scales and Arpeggios 3x per week: (3 min) ◦ KNOW the TETRACHORDS on every string! ◦ Always follow a scale with its matching arpeggio
LH Technique	This stuff is too important to forget, so please give it some review if you can: • Left Hand Drills: FOUR Finger drills • Half Scale with Drone • 3rd Finger on Corner Targets, and No Pinky Jail! • Finger Marches: 0-3 (this includes Ringy 3 work)
Bow Technique	• String Crossing drills on open strings (AE and EA) • String Crossing drills on half scales (AE and EA) • String Crossing drills using Devil's Dream
Old Fiddle Tricks	• Review Potatoes in A, D, and G • Review Shave and a Haircut in A, D, and G • Remember Slidey 2's from Fiddle First Part 1?
New Fiddle Tricks	• Open String Drones are the most challenging fiddle trick, and it only gets better by doing it. If you crunch and squawk, it is either because you are pressing too hard with the bow, or you are touching the open string with flat cupcakes. • Try using Nashville Shuffle on Devil's Dream Seg1 and Johnny Cope Part B
New Tunes	• Devil's Dream: drilling slowly paves the way for fast playing • Johnny Cope: drill until it's easy!
Review Tunes	• Use the play-along videos and audio tracks to drill your songs until they feel EASY! • Learn to control video speeds and repeat the videos on "loop" to drill drill drill! • Speed your tunes up, push yourself to go just a bit faster • Use LOTS of time on reviewing your tunes. You now know almost 30 songs and that takes maintenance!